

Families Empowered and Supporting Treatment of Eating Disorders

F.E.A.S.T. is an international organization of and for parents and caregivers of loved ones suffering with eating disorders. Our raison d'etre is providing families with the critical tools and resources they need most to empower them as caregivers and advocates. Working with F.E.A.S.T, parents and caregivers gain skills to guide their loved ones through the maelstrom of an eating disorder. In doing so, we help improve outcomes.

F.E.A.S.T. is...

Education Inclusive Support Community Volunteers Empowered Global Knowledge

F.E.A.S.T Programs and Services



Around the Dinner Table (ATDT) Forum
F.E.A.S.T. ATDT Facebook Forum
Online Support Groups (Caregivers and
Siblings)
Men of F.E.A.S.T. Group
Parent Support Team (email support)



Education

FEAST 30 Days Program
FEAST Caregiver Skills Toolkit
Monthly Webinars
FEAST of Knowledge Conference
Family Guides
Information Packed Website

At F.E.A.S.T, we believe in families, we believe in full recovery, we believe information is power, and we believe that good treatment saves lives. We invite you to come and see what F.E.A.S.T. is all about! We are here because we've been there.

www.feast-ed.org