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WEBINAR:

TIPS FOR RESEARCHING & UNDERSTANDING DATA ON EATING DISORDERS

Ross Crosby
Sanford Center for
Biobehavioral Research

Millie Plotkin
Eating Recovery Center





Outline

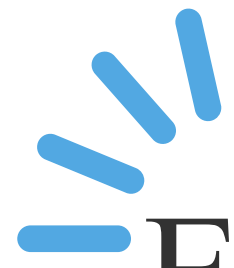
- Speaker introductions
- Finding research
 - Perspectives from a Researcher
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- Evaluating research
- Questions

Speaker Introductions

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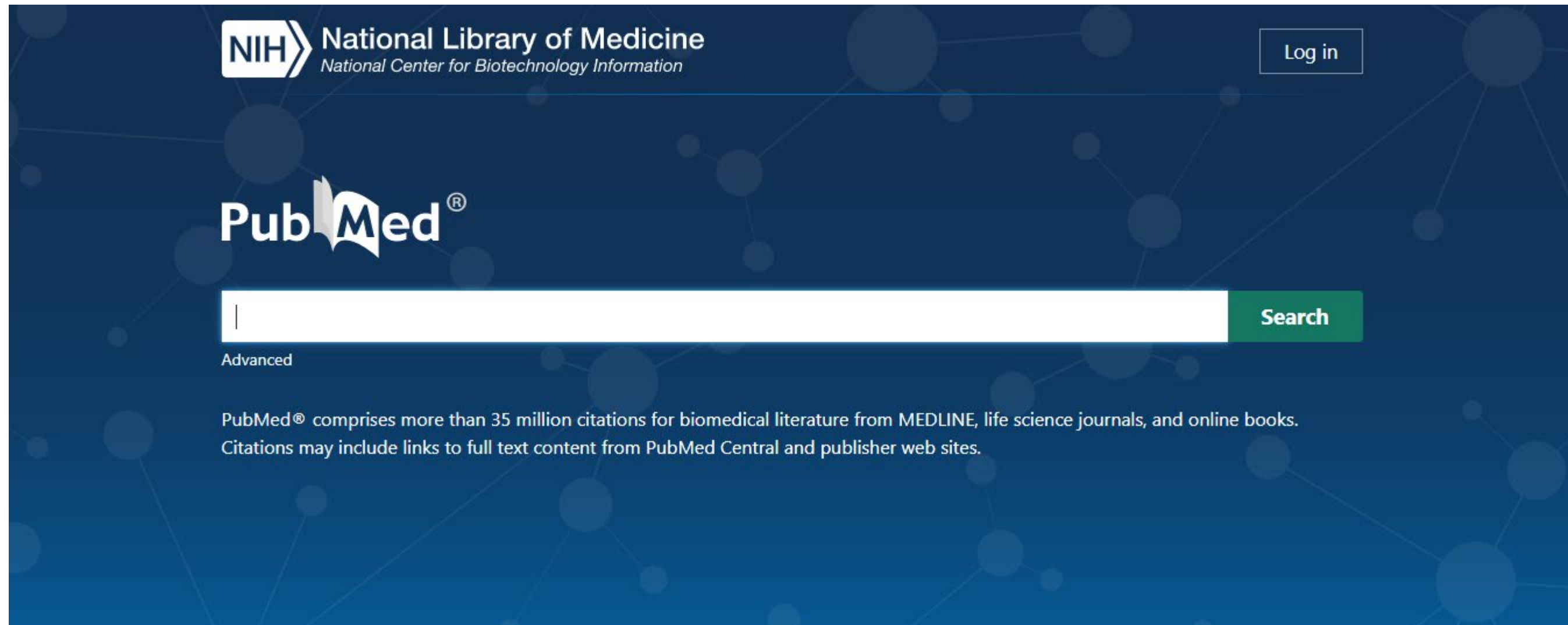
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Crosby RD

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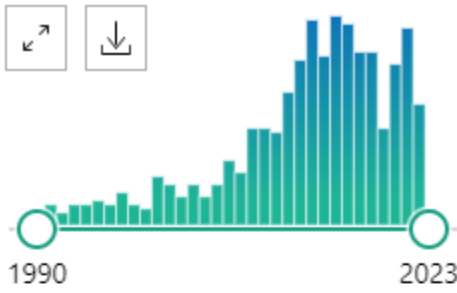
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Randomized Clinical Trial of Parent-Focused Treatment and Family-Based Treatment for Adolescent Anorexia Nervosa.

Cite Le Grange D, Hughes EK, Court A, Yeo M, **Crosby RD**, Sawyer SM.

Share J Am Acad Child Adolesc Psychiatry. 2016 Aug;55(8):683-92. doi: 10.1016/j.jaac.2016.05.007. Epub 2016 May 25.

PMID: 27453082 Clinical Trial.

☐ 2

Rigor, reproducibility, and novel methodological approaches to eating disorders research.

Cite Hildebrandt T, **Crosby RD**.

Share Int J Eat Disord. 2018 Jul;51(7):591-592. doi: 10.1002/eat.22947. Epub 2018 Sep 6.

PMID: 30189114

☐ 3


Minimizing and treating chronicity in the eating disorders: a clinical overview.

Cite Wonderlich S, Mitchell JE, **Crosby RD**, Myers TC, Kadlec K, Lahaise K, Swan-Kremeier L, Dokken J, Lange M, Dinkel J, Jorgensen M, Schander L.


Share Int J Eat Disord. 2012 May;45(4):467-75. doi: 10.1002/eat.20978. Epub 2012 Jan 23.

PMID: 22271525 Review.

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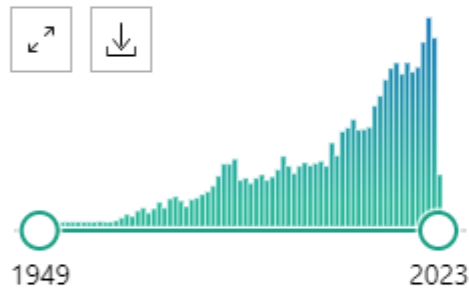
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☐ Clinical Trial

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☐ **Anorexia nervosa in adolescents.**

1 Neale J, Hudson LD.

Cite Br J Hosp Med (Lond). 2020 Jun 2;81(6):1-8. doi: 10.12968/hmed.2020.0099. Epub 2020 Jun 1.

PMID: 32589532 [Free article.](#) [Review.](#)

Share **Anorexia nervosa** is an eating disorder with peak onset in **adolescence**, which carries the highest mortality rate of all psychiatric illnesses. It is commonly comorbid with other physical and mental health problems, yet training on management of people with eat ...

☐ **Anorexia nervosa--diagnosis, aetiology, and treatment.**

2 Hartman D.

Cite Postgrad Med J. 1995 Dec;71(842):712-6. doi: 10.1136/pgmj.71.842.712.

PMID: 8552532 [Free PMC article.](#) [Review.](#)

Share The aetiology, assessment and **treatment** of **anorexia nervosa** are reviewed in the light of the classical accounts of Morton, Lasegue and Gull. ...Individual and/or family psychotherapy is seen as central to the **treatment** of **anorexia nervosa** ...

☐ **Intensive Treatments in Adolescent Anorexia Nervosa.**

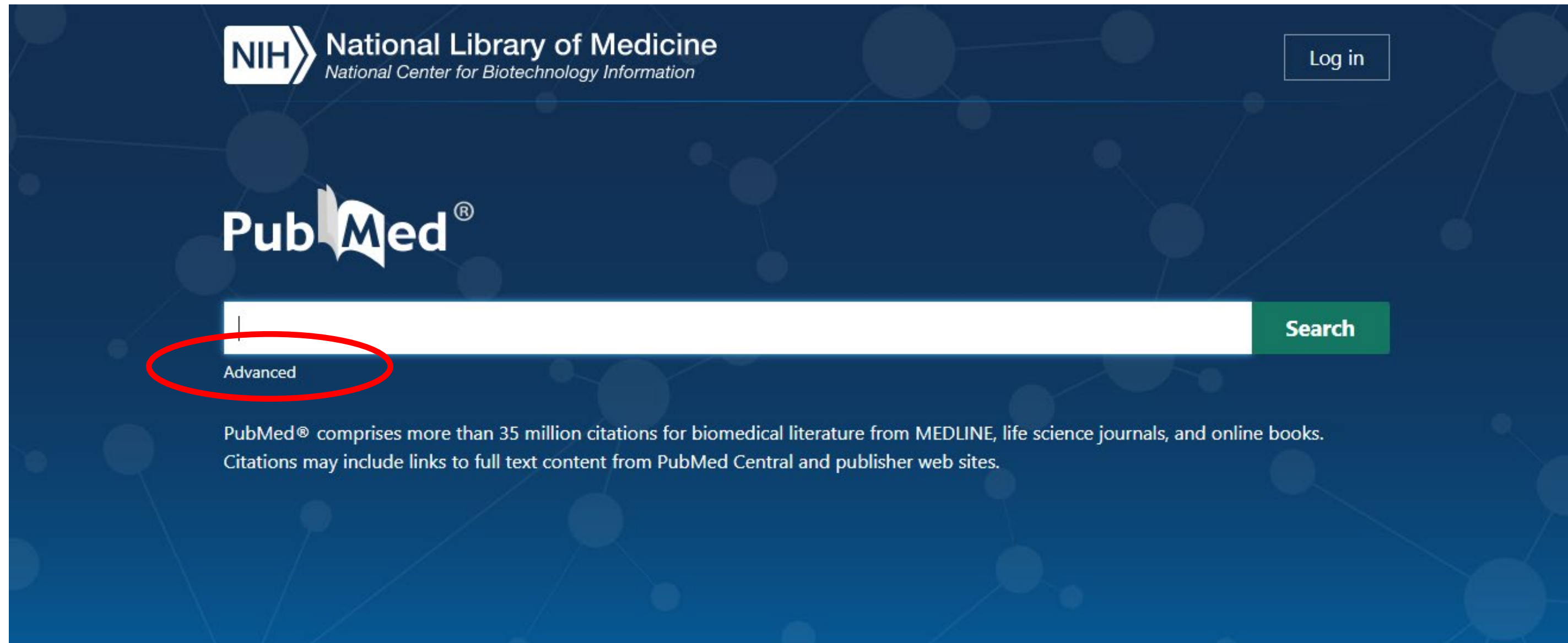
3 Herpertz-Dahlmann B.

Cite Nutrients. 2021 Apr 13;13(4):1265. doi: 10.3390/nu13041265.

PMID: 33924294 [Free PMC article.](#) [Review.](#)

Share Approximately one-fifth to one-third of patients with **adolescent anorexia nervosa** (AN) need intensive

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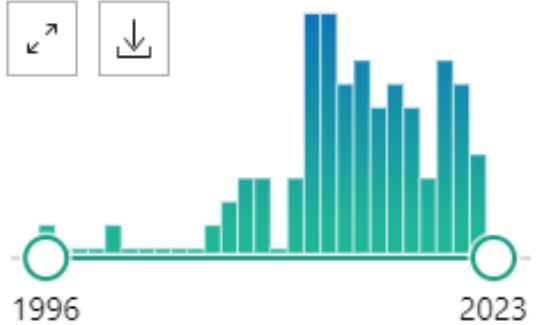
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- ☐ Clinical Trial
- ☐ Meta-Analysis
- ☐ Randomized Controlled Trial
- ☐ Review
- ☐ Systematic Review

PUBLICATION DATE

1 **Negative affect and binge eating:** Reconciling differences between two analytic approaches in ecological momentary assessment research.

Cite Berg KC, Cao L, **Crosby RD**, Engel SG, Peterson CB, Crow SJ, Le Grange D, Mitchell JE, Lavender JM, Durkin N, Wonderlich SA.

Share Int J Eat Disord. 2017 Oct;50(10):1222-1230. doi: 10.1002/eat.22770. Epub 2017 Aug 29. PMID: 28851137 **Free PMC article.**

The times at which these ratings were made, relative to **binge-eating** episodes, were also compared. RESULTS: The results indicate that the average proximal pre-**binge** ratings of **negative affect** were significantly higher than the average proximal p ...

2 **Negative affect and binge eating:** Assessing the unique trajectories of **negative affect** before and after **binge-eating** episodes across **eating** disorder diagnostic classifications.

Cite Wonderlich JA, **Crosby RD**, Engel SG, Crow SJ, Peterson CB, Le Grange D, Wonderlich SA, Fischer S.

Share Int J Eat Disord. 2022 Feb;55(2):223-230. doi: 10.1002/eat.23648. Epub 2021 Dec 8. PMID: 34877679 **Free PMC article.**

This study examined the moderating effect of diagnosis on the trajectory of **negative affect** before and after **binge eating**. METHOD: Adults with **eating** disorder diagnoses (anorexia nervosa [AN] = 118, **bulimia** nervosa [BN] = 133, **binge** ...

3 **Micro-level de-coupling of negative affect and binge eating** in relationship to macro-level outcomes in **binge eating** disorder treatment.

Cite Smith KE, Mason TB, Schaefer LM, Anderson LM, Hazzard VM, **Crosby RD**, Engel SG, Crow SJ, Wonderlich SA, Peterson CB.

Share Psychol Med. 2022 Jan;52(1):140-148. doi: 10.1017/S0033291720001804. Epub 2020 Jun 29. PMID: 32597737 **Free PMC article.** Clinical Trial.

De-coupling was operationalized as a change in momentary associations between **negative affect** and **binge-eating** symptoms from pre-treatment to end-of-treatment. ...Results also highlight the importance of developing momentary interventions to more effec ...

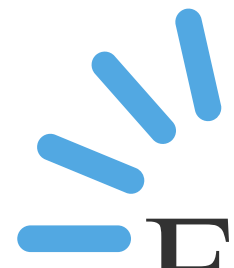


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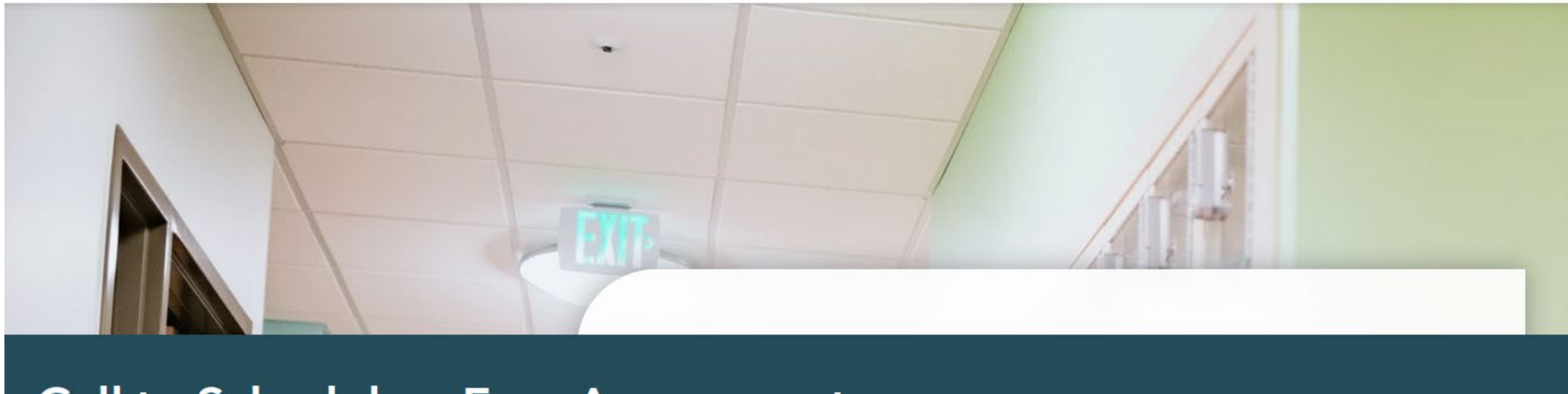
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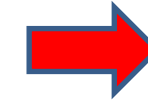


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<input type="checkbox"/> Journal Article		Avoidant restrictive food intake disorder and suicidal ideation	Psychiatry Res	Morgan Robison	2022
<input type="checkbox"/> Journal Article		Motivation to recover for adolescent and adult eating disorder patients in residential treatment	Eur Eat Disord Rev	Jamie L. Manwaring	2021
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Journal Article

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ARTICLE

Title	Avoidant restrictive food intake disorder and suicidal ideation
Author	Morgan Robison Megan L. Rogers Lee Robertson Mary E. Duffy Jamie L. Manwaring Megan Riddle Renee D. Rienecke Daniel Le Grange Alan Duffy Millie Plotkin Dan V. Blalock Philip S. Mehler Thomas E. Joiner, Jr.
Journal Title	Psychiatry Research
Year	2022
Volume	317
Pages	114925
ISSN	0165-1781 (Print), 1872-7123 (Electronic)
Language	English

LINKS

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ABSTRACT

Most DSM-5 eating disorder diagnoses are associated with elevated suicide risk; however, little is known about the relationship between Avoidant/Restrictive Food Intake Disorder (ARFID) and suicidal ideation. The aim of the current study was to examine suicidal ideation within an adult ARFID sample. Patients with eating disorders (N = 936), some of whom met criteria for a current DSM-5 diagnosis of ARFID (n = 79), completed the Beck Depression Inventory II Item 9, regarding suicidal ideation. The study was conducted within an eating disorder treatment facility that offers inpatient, residential, partial hospitalization program, and intensive outpatient levels of care. Findings suggest no significant pairwise differences in suicidal ideation prevalence between participants with ARFID and those with any other ED diagnosis. Thorough screening for suicidal thoughts and risk among those with ARFID is warranted at all levels of care. We suggest that future research expand upon this work in a larger adult ARFID sample.

KEYWORDS

Avoidant/Restrictive Food Intake Disorder , Suicide

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(Prevention & Treatment)

(Comorbidities)

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<input type="checkbox"/>	Book		100 questions & answers about anorexia nervosa		Sari Fine Shepphird	2010
<input type="checkbox"/>	Electronic article		2014 Female Athlete Triad Coalition consensus statement on treatment and return to play of the female athlete triad		Female Athlete Triad Coalition	2014
			2016 update on eating disorders in athletes: a comprehensive			

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Thank you for your participation!

Questions?

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